

## AN OVERVIEW OF THE BASIC RESULTS OF “SKENAR” THERAPY

(A summary of Clinical Reports of SKENAR Specialists with different levels of experience, each with an average of between 150 and 400 patients in each group. The thing that is important to note is that in each of the following groups the average effectiveness includes a complete cure in an average 2/3 and improvement in any form in about 1/3<sup>rd</sup> of all cases studied.)

### Diseases of the Musculoskeletal System

*Arthropathies* (infectious arthritis; inflammatory poly-arthropathies, gout; arthrosis; deformities and contractures of limbs, fingers and toes; derangements of knee, patella and meniscus; dislocations and subluxations, pain, stiffness, effusion of joints, haemarthrosis etc.)

*Dorsopathies* (deforming dorsopathies, scoliosis, spinal osteochondrosis, spondilolysis; spondylites and spondylosis; intervertebral disc disorders; dorsalgia, i.e. radiculopathy, cervicalgia, sciatica, lumbago etc.)

*Soft tissue disorders* (myositis; diastasis, paraplegia, wasting and atrophy of muscles; synovitis, bursitis and tendonitis; contractures, ruptures and strains of muscles and tendons; myalgia and neuralgia, pain in limbs etc.)

*Osteopathies and chondropathies* (osteoporosis and osteomalacia; osteomyelitis; juvenile osteochondrosis; chondromalacia etc.)

**Average effectiveness in this group was shown to be 79%.**

### Diseases of the Circulatory System

*Hypertensive diseases* (essential and secondary hypertension; hypertensive heart and renal diseases etc.)

*Ischaemic heart diseases* (angina pectoris; atherosclerotic heart disease, ischoemic cardiomyopathy etc.)

*Other forms of heart diseases* (acute pericarditis; acute and subacute endocarditis and myocarditis; other cardiomyopathies, cardiac arrest, heart failure, cardialgia etc.)

*Cerebrovascular diseases* (stroke, as intracranial haemorrhage or infarction, and its sequelae; occlusion and stenosis of cerebral and precerebral arteries; cerebral atherosclerosis etc.)

*Diseases of arteries, arteriols and capillaries* (atherosclerosis, including degeneration of blood vessels, endarteritis deformans or obliterans; arterial embolism and thrombosis; arteritis or endarteritis etc.)

*Diseases of veins* (phlebitis and thrombophlebitis; varicose veins of lower extremities or elsewhere; haemorrhoids, chronic peripheral venous insufficiency etc.)

*Diseases of lymphatic vessels and lymph nodes* (lymphadenitis and lymphangitis; lymphoedema etc.)

**Average effectiveness in this group was shown to be 82%.**

### Diseases of the Respiratory System

*Acute upper respiratory infections* (acute nasopharyngitis – “common cold”; acute sinusitis; acute tonsillitis and pharyngitis; acute laryngitis and tracheitis; acute upper respiratory viral infection NOS etc.)

*Influenza and pneumonia* (also here – acute bronchitis).

*Other diseases of upper respiratory tract* (vasomotor and allergic rhinitis; chronic rhinitis and pharyngitis, chronic sinusitis; abscess, furuncle and carbuncle of nose; chronic tonsillitis; peritonsillar abscess, chronic laryngitis and laryngotracheitis; paralysis of vocal cords and larynx, oedema of larynx and laryngeal spasm; upper respiratory tract hypersensitivity reaction etc.)

***Chronic lower respiratory diseases*** (chronic bronchitis; emphysema; chronic obstructive pulmonary diseases; asthma and status asthmaticus; bronchiectasis etc.)

***Other respiratory diseases*** (pulmonary oedema; interstitial pulmonary diseases; pneumoconiosis and hypersensitivity pneumonitis; pleural effusion, pneumothorax and haemothorax; pleuritis; acute and chronic respiratory failure etc.)

**Average effectiveness in this group was shown to be 84%.**

### **Diseases of the Digestive System**

***Diseases of oesophagus, stomach and duodenum*** (oesophagitis; ulcer and dyskinesia of oesophagus; gastric and duodenal, peptic, gastrojejunal ulcers, gastritis and duodenitis, acute and chronic; dyspepsia, acute dilation of stomach; pylorospasm etc.)

#### ***Enteritis and colitis***

***Other diseases of intestines*** (ileus, mostly paralytic; irritable bowel syndrome; constipation, functional diarrhoea, neurogenic bowel, anal spasm; abscess, haemorrhage or ulcer of anal and rectal regions etc.)

***Diseases of liver*** (alcoholic and toxic liver diseases; acute and chronic hepatitis; fibrosis and cirrhosis of liver, hepatic failures etc.)

***Disorders of gallbladder, biliary tract and pancreas*** (cholelithiasis and cholecystitis, acute and chronic; dyskinesia of cyst duct or gallbladder; cholangitis, spasm of sphincter of Oddi; acute and chronic pancreatitis, etc.)

***Other diseases of digestive system*** (intestinal malabsorption; postgastric surgery syndromes, postoperative intestinal obstruction and ileus, colostomy and enderostomy malfunction, postcholecystectomy syndrome etc.)

**Average effectiveness in this group was shown to be 93%.**

### **Diseases of Urinary System and Male Genital Organs**

***Glomerular diseases*** (acute and chronic nephrotic syndrome; recurrent and persistent haematuria and proteinuria; nephrotic syndrome; hereditary nephropathy etc.)

***Renal tubulo-interstitial diseases*** (acute and chronic infectious interstitial nephritis, pyelitis, pyelonephritis; hydronephrosis, hydronephrosis and other obstructive and reflux uropathy; other nephropathies, toxic or induced by other diseases and conditions of the body).

#### ***Renal failure, acute and chronic.***

***Urolithiasis*** (with associated acute and chronic conditions).

***Other diseases of urinary tract*** (cystitis, acute and chronic; neuromuscular dysfunction of bladder, urethritis and urethral syndrome etc.)

***Diseases of male genital organs*** (hyperplasia of prostate; acute and chronic prostatitis; orchitis and epididymitis; male infertility etc.)

**Average effectiveness in this group was shown to be 89%.**

### **Disorders of Female Genital Tract; Pregnancy, Childbirth and the Puerperium**

***Disorders of breast*** (benign mammary dysplasia; acute and subacute mastitis etc.)

***Inflammatory diseases of female pelvic organs*** (acute and chronic salpingitis and oophoritis; inflammatory diseases of uterus and cervix uteri; parametritis, pelvic cellulites and pelvic peritonitis; inflammations of Bartolin's gland, vagina and vulva; vulvovaginal ulceration etc.)

***Noninflammatory disorders of female genital tract*** (endometriosis; ovarian cysts; endometrial glandular and adenomateus hyperplasia; leiomyoma of uterus; erosion, ectropian and dysplasia of cervix uteri; incompetence of cervix uteri; dysplasia of vagina and vulva; oligomenorrhoea, excessive or irregular menstruation; dysmenorrhoea and other painful conditions associated with female genital organs and menstrual cycle; menopausal and other perimenopausal disorders; female infertility etc.)

***Disorders of pregnancy*** (complications and conditions associated with medical or spontaneous abortion and ectopic and molar pregnancy; oedema, proteinuria and hypertensive disorders; haemorrhage in early pregnancy; excessive vomiting and venous complications; infections of genitourinary tract, diabetes mellitus and liver disorders in pregnancy; pregnancy care of habitual and menace abort etc.)

***Complications of labour and delivery*** (failed induction of labour, abnormalities of forces of labour; intrapartum and postpartum haemorrhage; foetal stress and asphyxia; maternal distress and obstetric shock etc.)

***Complications related to the puerperium*** (puerperal infections; haematomas and venous complications; various complications in anaesthesia in labour and delivery; postpartum acute renal failure, cardiomyopathy, thyroiditis; infections of breast, cracked nipple, agalactia and hypogalactia, suppressed lactation, lactostasis etc.)

**Average effectiveness in this group was shown to be 78%.**

### **Diseases of the Nervous System**

***Inflammatory diseases of the central nervous system*** (meningitis, arachnoiditis, encephalitis, myelitis etc.)

***Demyelinating diseases of central nervous system*** (multiple sclerosis etc.)

***Episodic and paroxysmal disorders*** (epilepsy and epileptic syndromes; status epilepticus; migraine and other headache syndromes; transient cerebral ischaemic attacks and related syndromes; sleep disorders etc.)

***Nerve, nerve root and plexus disorders*** (disorders of trigeminal, facial and other cranial nerves; nerve root and plexus compressions and other disorders, including phantom limb syndrome; mononeuropathies of upper and lower limb, especially with pain and dyskinetic syndromes etc.)

***Polyneuropathies and other disorders of the peripheral nervous system*** (hereditary and idiopathic motor and sensory neuropathy; inflammatory polyneuropathy; drug-induced, alcoholic and other toxic neuropathies etc.)

***Diseases of myoneural junction and muscle*** (myasthenia gravis and other myoneural disorders; muscular dystrophy; myotonic disorders, congenital and toxic myopathies; periodic paralysis; other myopathies)

***Cerebral palsy and other paralytic syndromes*** (infantile cerebral palsy; hemiplegia, paraplegia and tetraplegia etc.)

**Average effectiveness in this group was shown to be 81%.**

### **Diseases of the Ear and Mastoid process**

***Diseases of external ear*** (otitis externa, including associated with other diseases; perichondritis etc.)

***Diseases of middle ear and mastoid*** (acute and chronic otitis media; Eustachian salpingitis and obstruction; mastoiditis; disorders of tympanic membrane etc.)

*Diseases of inner ear* (labyrinthitis; otosclerosis; noise effects on inner ear etc.)

*Other disorders of ear* (conductive and sensorineural hearing loss; otalgia and effusion of ear; acoustic neuritis etc.)

**Average effectiveness in this group was shown to be 82%.**

### **Diseases of the Eye and Adnexa**

*Disorders of eyelid, lacrimal system and orbit* (hordeolum and chalazion; blepharitis; ptosis of eyelid etc.; dacryoadenitis and dacryocystitis; lacrimal canaliculitis etc.; acute and chronic inflammation of orbit; exophthalmic condition as a result of haemorrhage or oedema etc.)

*Disorders of conjunctiva* (conjunctivitis, acute and chronic)

*Disorders of anterior segment of the eye* (scleritis and episcleritis; keratitis, bulbous keratopathy, corneal scars and opacities; acute, recurrent or subacute, and chronic anterior uveitis; hyphaema, hypopyon etc.)

*Disorders of posterior segment of the eye* (chorioretinal inflammation; chorioretinal dystrophies and vascular disorders; maculopathies etc.)

### *Glaucoma*

*Disorders of vitreous body and globe* (vitreous haemorrhage; endophthalmitis)

*Disorders of optic nerve* (optic neuritis; papilloedema; ischemic optic neuropathy; optic atrophy etc.)

*Disorders of ocular muscles* (strabismus and other disorders of binocular movement)

*Postprocedural disorders of eye and adnexa*

**Average effectiveness in this group was shown to be 93%.**

### **Diseases of Oral Cavity, Salivary Glands and Jaws**

*Dental caries* (especially deep and arrested)

### *Toothache*

*Diseases of pulp and periapical tissues* (pulpitis; acute and chronic apical periodontitis and periapical abscess; radicular cyst)

*Gingivitis and periodontal diseases* (acute and chronic gingivitis; acute and chronic periodontitis; periodontosis etc.)

*Other diseases of jaws* (odontogenic cysts; inflammatory conditions of jaws, alveolitis of jaws)

*Diseases of salivary gland* (sialoadenitis; abscess of salivary gland; sialolithiasis; stenosis of salivary duct etc.)

### *Stomatitis and related lesions*

*Diseases of lips and tongue* (cheilitis; cheilosis; irritative hyperplasia of oral mucosa etc., glossitis etc.)

**Average effectiveness in this group was shown to be 91%.**

### **Diseases of the Skin and Subcutaneous Tissue**

***Infectious*** (staphylococcal scalded skin syndrome; impetigo; cutaneous abscess, furuncle and carbuncle; cellulites; acute lymphadenitis; pyoderma etc.)

***Dermatitis and eczema*** (atopic dermatitis, eczema, neurodermatitis; seborrhoeic dermatitis; diaper/nappy dermatitis; allergic contact dermatitis; irritant contact dermatitis; pruritus etc.)

***Psoriasis, urticaria and erythema***

***Other skin diseases and conditions*** (sunburn and other radiation-related disorders; alopecia; acne and ulcer of skin etc.)

**Average effectiveness in this group was shown to be 68%.**

### **Neoplasms**

***Benign neoplasms*** - SKENAR therapy was successfully applied in particular cases, mentioned above.

***Malignant neoplasms*** - SKENAR therapy was applied only as a palliative treatment; in 80% of the cases an improvement in general physical condition was achieved with the dependence on drugs removed or diminished and the patients experienced a feeling of well-being.

### **Injury, Poisoning and certain other consequences of external causes**

***Injuries (superficial injuries*** - abrasion; blister; contusion, including bruise and haematoma; injury from superficial foreign body; insect bite, non-venomous; ***open wounds*** – animal bite; cut; laceration; puncture wound; ***fractures*** – closed, dislocated, displaced and open; ***dislocations, sprains and strains*** of joints and ligaments; ***injuries to nerves and spinal cord*** – division of nerve; haematomyelia; transient paralysis; paraplegia; quadriplegia; ***injuries to blood vessels; injuries to muscles and tendons; crushing injuries; injuries to internal organs*** etc.)

***Effects of a foreign body entering through natural orifice***

***Burns and corrosions (thermal burns*** from electrical heating appliances, electricity, flame, friction, hot air and hot gases, hot objects, lightning, radiation; ***chemical burns***, external and internal; ***scalds***)

***Frostbites***

***Poisoning by drugs, medicaments and biological substances; toxic effects of substances chiefly non-medical as to source***

***Other effects of external causes (unspecified effects of radiation; effects of heat and light; hypothermia; effects of air and water pressure; asphyxiation; effects of certain deprivation***, as effects of hunger, thirst, exhaustion due to exposure or excessive physical or intellectual exertion etc.; ***maltreatment syndromes; adverse effects***, such as allergic shock and anaphylactic reactions; angioneurotic oedema; other allergies)

***Sequelae and complications of trauma, including surgical and other medical traumas***

**In all this group the application of SKENAR was shown to be extremely effective. Significant reduction of recuperating periods, in comparison with average, was observed in all the cases. Effectiveness of SKENAR therapy was proved to be in direct dependence of possibility to use the device in the earliest period after trauma.**

### **Other Applications**

***Certain infections and parasitic diseases*** (lambliaosis; trichomoniasis; gonococcal and chlamydial infections; herpes-viral infections with herpes simplex and herpes zoster; acute viral hepatitis A,B,C,E; chronic viral hepatitis B,C; infectious mononucleosis; whooping-cough, mumps; viral conjunctivitis; dermatophytosis; superficial candidiasis; helminthiasis etc.)

***Diseases of the blood and disorders involving immune mechanisms*** (nutritional anaemias and anaemias in cases of chronic diseases; haemophilia; allergic purpura; “secondary” immunodeficiencies, as common

variable immunodeficiency, immunodeficiency with predominantly antibody defects and other major defects etc.

***Endocrine, nutritional and metabolic diseases*** (diseases of thyroid gland – hypothyroidism, non-toxic goitre; hyperthyroidism, thyrotoxicosis; thyroiditis, acute and chronic; diabetes mellitus; ovarian and testicular dysfunctions; localized adiposity; different kinds of metabolic disorders)

***Mental and behavioural disorders*** (amnesia; dementia; mental and behavioural disorders due to psychoactive substance use; affective psychosis; hysteria; mood disorders, such as depressions of different kinds etc.; neurotic disorders, such as phobias, anxiety disorders etc.; stress-related conditions, such as an acute stress reaction, post-traumatic stress disorder, adjustment disorders etc.; somatoform disorders, such as hypochondriacal disorder, somatoform autonomic dysfunctions – cardiac or gastric neurosis, neurocirculatory asthenia, psychogenic forms of aerophagy, cough, diarrhoea, dyspepsia, pylorospasm, irritable bowel syndrome, dysuria etc., psychalgias; neurasthenia; behavioural disorders, such as eating and non-organic sleep disorders, non-organic sexual dysfunctions etc.)

***Disorders of physiological or psychological development, special behavioural and emotional disorders of childhood and adolescent*** (including childhood autism, hyperkinetic disorders, conduct and emotional disorders, disorders of social functioning, tic disorders, non-organic enuresis, stammering etc.)

**Average effectiveness in this group was shown to be 81%**